January 2022 - Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 ***Breakfast:*** *Cereal, Fruit, Milk* ***AM Snack:*** *Goldfish* ***Lunch:*** *Fish Sticks, Green Beans, Peaches, Milk* ***PM Snack:*** *Cheerios*	4 ***Breakfast:*** *Bagel, Cream Cheese, Milk* ***AM Snack:*** *Animal Crackers* ***Lunch:*** *Spaghetti w/ Marinara, Applesauce, Milk* ***PM Snack:*** *Cheese & Crackers*	5 ***Breakfast:*** *Waffles, Milk* ***AM Snack:*** *Vanilla Wafers* ***Lunch:*** *Grilled Cheese, Tomato Soup, Pineapple, Milk* ***PM Snack:*** *Yogurt*	6 ***Breakfast:*** *Pancakes, Milk* ***AM Snack:*** *Graham Crackers* ***Lunch:*** *Turkey & Cheese Sandwich, Carrots, Chips, Milk* ***PM Snack:*** *Popcorn, Tod-Crackers*	7 ***Breakfast:*** *Nutrigrain Bar, Milk* ***AM Snack:*** *Pretzels* ***Lunch:*** *Pizza, Banana, Milk* ***PM Snack:*** *Cheezits*
10 ***Breakfast:*** *Cereal, Fruit, Milk* ***AM Snack:*** *Vanilla Wafers* ***Lunch:*** *Chicken Noodle Soup, Carrots/Celery, Crackers, Apples, Milk* ***PM Snack:*** *Yogurt*	11 ***Breakfast:*** *Bagel, Cream Cheese, Milk* ***AM Snack:*** *Graham Crackers* ***Lunch:*** *Chicken Nuggets, Celery Sticks, Orange Slices, Milk* ***PM Snack:*** *Animal Crackers*	12 ***Breakfast:*** *Waffles, Milk* ***AM Snack:*** *Cheezits* ***Lunch:*** *Pinto Beans, Sausage, Rice, Cornbread, Peaches, Milk* ***PM Snack:*** *Cheese & Crackers*	13 ***Breakfast:*** *Pancakes, Milk* ***AM Snack:*** *Pretzels* ***Lunch:*** *Pizza, Banana, Milk* ***PM Snack:*** *Fresh Fruit*	14 ***Breakfast:*** *Nutrigrain Bar, Milk* ***AM Snack:*** *Goldfish* ***Lunch:*** *Pizza, Banana, Milk* ***PM Snack:*** *Cheerios*
17 **DOCA Closed** **Teacher In-Service** Play, Learn and Grow... Together!	18 ***Breakfast:*** *Bagel, Cream Cheese, Milk* ***AM Snack:*** *Kix* ***Lunch:*** *Hot Dog w/bun, Baked Fries, Apple Slices, Milk* ***PM Snack:*** *Vanilla Wafers*	19 ***Breakfast:*** *Waffles, Milk* ***AM Snack:*** *Animal Ceackers* ***Lunch:*** *Pizza, Banana, Milk* ***PM Snack:*** *Goldfish*	20 ***Breakfast:*** *Pancakes, Milk* ***AM Snack:*** *Graham Crackers* ***Lunch:*** *Turkey & Cheese Sandwich, Carrots, Chips, Milk* ***PM Snack:*** *Pretzels*	21 ***Breakfast:*** *Nutrigrain Bar, Milk* ***AM Snack:*** *Muffins* ***Lunch:*** *Meatballs, Broccoli, Applesauce, Milk* ***PM Snack:*** *Cheezits*
24 ***Breakfast:*** *Cereal, Fruit, Milk* ***AM Snack:*** *Graham Crackers* ***Lunch:*** *Ham & Cheese Roll-up, Celery Sticks, Orange Slices, Milk* ***PM Snack:*** *Animal Crackers*	25 ***Breakfast:*** *Bagel, Cream Cheese, Milk* ***AM Snack:*** *Yogurt* ***Lunch:*** *Chicken Broccoli Rice Casserole, Peaches, Milk* ***PM Snack:*** *Cheezits*	26 ***Breakfast:*** *Waffles, Milk* ***AM Snack:*** *Popcorn, Tod-Crackers* ***Lunch:*** *Fish Sticks, Carrots, Mix Fruit, Milk* ***PM Snack:*** *Kix*	27 ***Breakfast:*** *Pancakes, Milk* ***AM Snack:*** *Vanilla Wafers* ***Lunch:*** *Macaroni & Cheese, Green Beans, Applesauce, Milk* ***PM Snack:*** *Fresh Fruit*	28 ***Breakfast:*** *Nutrigrain Bar, Milk* ***AM Snack:*** *Goldfish* ***Lunch:*** *Pizza, Banana, Milk* ***PM Snack:*** *Pretzels*
31 ***Breakfast:*** *Cereal, Fruit, Milk* ***AM Snack:*** *Cheerios* ***Lunch:*** *Hot Dog w/bun, Veggie Straws, Banana, Milk* ***PM Snack:*** *Vanilla Wafers*				

Water is available to children throughout the day, meals & snacks.
Children (age 12-23 months) are served whole milk.
Children (age 24 months & older) are served 1% milk.